

College and Career Expo 2018

College and Career Planning 101: Go! Beyond High School

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PREPARATIONS FOR LIFE AFTER HIGH SCHOOL

9th and 10th Grade

Overview

1. High School Graduation Requirements & UC/CSU Minimum Eligibility Requirements
2. Additional Options for Earning Credits for High School Graduation
CTE, Concurrent or Dual Enrollment, Distance learning
3. High School Programs to Support College & Career Readiness
AVID, AP, College Entrance Exams
4. Preparing for College and Career in 9TH & 10TH Grades
Ideas to Do and Explore
5. Post Secondary Options



Your High School Diploma

Aim High

Create a Four Year Academic Plan - page 3

Example of a Four Year Academic Plan - page 4

A-G Requirements - page 8

Programs and Services for Students with Special Needs - page 13

“Greatest Hits on the Web” Online Resources - pages 12 & 14

Academic Planning & Examples of Planning Templates - pages 15-17



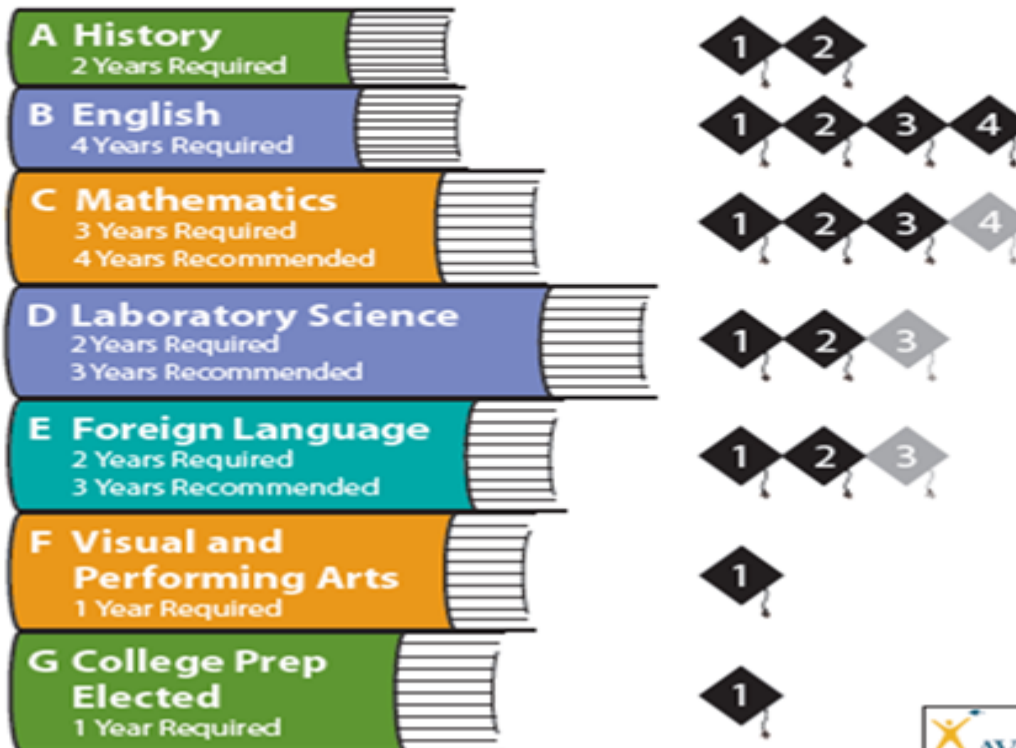
Academic Plan 9th & 10th grade

	Four Year College and CSU Bound Students	2 Year College Bound & Vocation Bound	High School Graduation Minimum
Grade 9	CP English 9 CP Algebra I <u>or</u> Integrated Math I PE Health Computer CP Biology or Earth Science (w lab) CP Foreign Language	CP English 9 CP Algebra I: CP Integrated Math (I or IA) CP Algebra (I or IA) PE Health Computer CP Biology or Earth Science Elective	CP English 9 CP Algebra I: CP Integrated Math (I or IA) CP Algebra (I or IA) Earth Science or Biology PE Health Computer Elective
Grade 10	CP English 10 CP Math: CP Integrated Math 2 CP Geometry CP World History PE CP Earth Science (lab) CP Biology (with lab) CP Foreign Language	CP English 10 CP Math: CP Integrated Math (IB, 2, 2A) CP Algebra IB (If IA completed) CP Geometry (if Alg. I complete) CP World History PE Biology Earth Science Elective	CP English 10 CP Math: CP Integrated Math (2 or IB) CP Algebra IB (If IA completed) Geometry (If Alg. I complete) World History PE Biology Earth Science Elective

UC and CSU Minimum Eligibility Entrance Requirements

You can go to **COLLEGE**

A-G Requirements*
California State University ♦ University of California



* Grades of C or better required.



A-G Subject Requirements - page 8

- **A - History/Social Science– 2 Years**

Includes one year of World History, one year of U.S. History, or one-half year of U.S. History and one-half year of American Government or Civics.

- **B - English – 4 years**

College preparatory English that integrates reading of classic and modern literature, frequent and regular writing, and practice listening & speaking

- **C - Mathematics –3 years**

College-preparatory math, including or integrating the topics covered in advanced algebra and two- and three-dimensional geometry.

- **D - Laboratory Science – 2 years**

Laboratory science providing fundamental knowledge in at least two of the three disciplines of biology, chemistry and physics.

- **E - Language other than English– 2 years**

The same language other than English or equivalent to the second level of high school instruction.

- **F- Visual and Performing Arts (VPA)– 1 year**

Chosen from dance, music, theater or the visual arts.

- **G - College-Preparatory Elective – 1 year**

Chosen from the “a-f” courses beyond those used to satisfy the requirements above, or courses that have been approved solely in the elective area.

Four Year Planning Sheet

(Adapted from Go! Beyond High School page 4)

9TH Grade	1ST	2ND	Summer	Meets "A-G Requirements
A. History/ Social Science				
B. English				
C. Math				
D. Laboratory Science				
E. Foreign Language				
F. Visual and Performing Arts				
G. College Preparatory Elective				
10TH Grade	1ST	2ND	Summer	Meets "A-G" Requirements
A. History/ Social Science				
B. English				
C. Math				
D. Laboratory Science				
E. Foreign Language				
F. Visual and Performing Arts				
G. College Preparatory Elective				

2. Additional Options For Earning Credits for H.S. Graduation - page 5

- **Career Technical Education (CTE)**- (pg. 5 -6) See Next Slide
- **Dual Enrollment**- College courses are offered at a high school and high school teachers who are credentialed to teach college level coursework teach the course. Courses take place at the high school. (Pg. 7)
- **Concurrent Enrollment**- High school students take college courses at the college. Courses take place at the college.
- **Distance/ Online Learning**- Examples: Cyber High & Scout



WHAT IS CTE?

Career Technical Education (CTE) programs offer both academic and career oriented training. These programs prepare youth and adults for a wide range of high-wage, high-skill, and high-demand careers. CTE programs can be found in high schools, community and technical colleges, four year universities and more.

10 ASPECTS OF A HIGH-QUALITY CAREER TECHNICAL EDUCATION PROGRAM

- Provides a sequence of courses
- Provides career exploration and guidance
- Provides work readiness skills and leadership development
- Provides for regional and local partnerships with post-secondary educational institutions documented through written agreements
- Forms ongoing employer partnerships
- Provides work-based learning opportunities
- Reflects regional or local labor market demands
- Leads to an industry-recognized credential or certificate
- Staffed by CTE-credentialed, skilled teachers
- Program reports data to allow for program evaluation

3. H.S. Programs & Resources to Support College and Career Readiness page 9-11

- ***AVID - Advancement Via Individual Determination***

AVID Elective classes prepare students in college readiness skills. Students receive daily instruction and support to prepare them for college from a trained AVID Elective teacher. Academic strategies in writing, inquiry, collaboration, and critical reading as well as organizational skills are taught in the AVID classroom.

- ***Advanced Placement Program (AP)***

AP courses allow students to take college level course work in a high school and helps students prepare for college courses.

- ***College Entrance Exams PSAT 10, PSAT/NMSQT, SAT, and ACT*** In order to apply for colleges/universities and some scholarships you will need to take an entrance exams.

****UC and CSU consider concurrent enrollment, dual enrollment, AVID, Honors, and AP classes as rigorous and therefore supporting college readiness. These higher level courses are favorable on college applications. They also meet A-G minimum requirements.***

4. Preparing for College & Career: Ninth Grade - page 15

Planning Calendar

- Know your High School Graduation Requirements.
- Take challenging classes in core academic subjects
- Learn about the A-G Requirements and meet with your school counselor to learn which courses meet A-G requirements.
- Create four year plan with school counselor that includes both high school graduation requirements & A-G course work.
- Get involved with community or school based activities that interest you.
- Start your list of awards, honors, paid and volunteer work, and extracurricular activities, update throughout high school keeping track of hours, and duties.
- Discuss with a mentor, school counselor, or family member about your academic strengths and weaknesses. Explore tutoring options if necessary.
- Seek out adults who can support you with your future plans!

Suggestions for Further Exploration & Planning: 9TH Grade



- Explore your interests through various programs: Get Focused- Stay Focused, California Colleges, Kuder Navigator, Career Zone etc.
- Explore reasons to consider college or advanced training and ways you can get help preparing for your future path.
- Talk with your guidance counselor, school advisor or teacher about ways to succeed in high school.
- Learn about Financial Literacy and strategies to managing money.
- Work with a parent on financial planning and ways to fund your post high school goals. It is never too early to plan ahead.

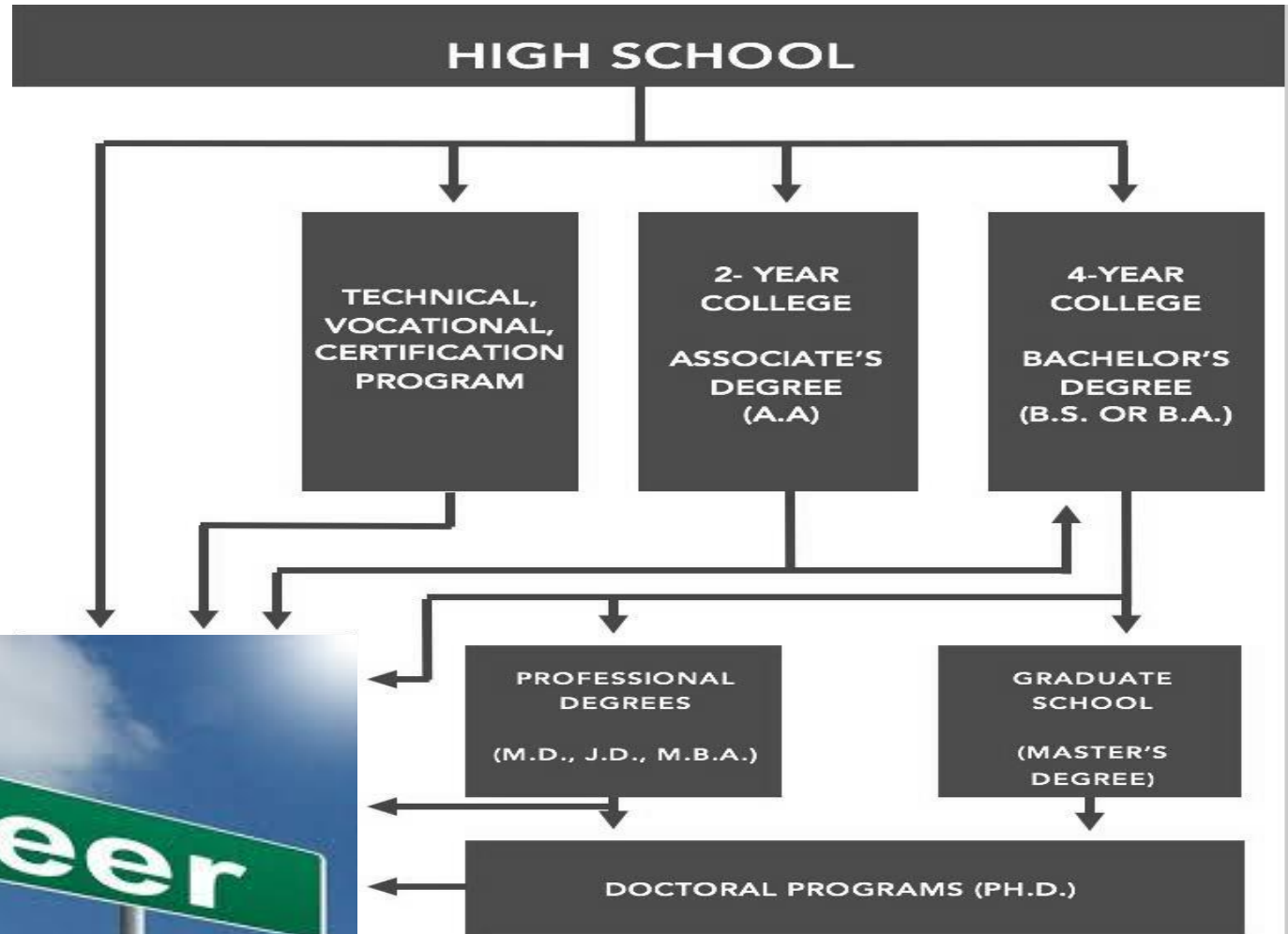
Preparing for College and Career: 10TH Grade

- Meet with guidance counselor to discuss your classes and review your 4 year plan. Make changes as needed.
- Review college & career options based on your interests.
- Take the practice Preliminary SAT or PSAT. The results will give you valuable information on your academic progress as well as practice for the SAT test.
- Plan to use your summer wisely: work, volunteer, or take a summer course at a local college.
- Go to career information nights (LIKE TONIGHT!) to learn more.
- Create free online accounts with College Board. College Board helps prepare you for SAT and PSAT.
- Seek out resources like Khan Academy.
- Meet with School Counselor to plan for junior year coursework.

Suggestions for Further Exploration & Planning: 10TH Grade

- Learn about “Financial Aid”. Ask “What are grants, loans, work-study, and scholarships and how do I qualify for them?”
- Find out if your high school has financial aid nights. Attend as a family.
- Think about how you spend your time on things like homework, chores at home, work, volunteering and free time or other activities
- Learn independence by taking responsibility to complete your obligation on your own. Make sure you are taking care of yourself and learning to handle all that comes with increased responsibilities and commitment. Who can you turn to if you need help handling the stress that comes at this time in your life?
- Learn more about the standardized tests that are recommended during 10th-12th grades. When should you take PSAT, SAT/ACT tests?
- Research majors or career pathways that might be a good fit for you. Use information from your results from career inventories that you have started in Get Focused-Stay Focused, CA Colleges, Kuder Navigator, or CalCRN California Career Resource Network.

5. Post-Secondary Options



Post Secondary Options Continued...

- **College and Universities (pg. 32)**
 - **California Community Colleges – 114 Campuses**
 - **California State University (23 campus locations)**
 - **University of California (10 campus locations)**
 - **Private and Independent Colleges and Universities**
- **Vocational and Technical Programs (pg. 49)**
 - **There are a variety of programs such as automotive mechanics, cosmetology school, health care, business, truck driving**
- **US Military (pg. 50)**
Army, Air Force, Coast Guard, Marine Corps, or Navy
- **“Gap Year” or “Year Out” (pg. 51)**
Referred to as the year that H.S> graduates take off before entering college
- **Other Programs (pg. 51-52)**

Timeline for Degrees & Programs

Program or Degree	Schools Where Offered	Typical Time to Graduate
Career, technical, trade, or vocational courses	<ul style="list-style-type: none"> •Career, technical, vocational, and trade schools •Community and junior colleges 	1–2 years
<i>Associate Degree</i>	Community and junior colleges	2 years
<i>Bachelor's Degree</i>	Four-year colleges and universities	4 years
Master's Degree	Four-year colleges and universities	Bachelor's degree + 1–3 years of additional study
Doctorate Degree	Four-year colleges and universities	Bachelor's degree + Master's degree + 2–3 years of additional study

QUESTIONS?

www.decadeofdifference.org